

Laura Holland Case Manager

Qualifications:

BSc (Hons) Nursing Studies, Teesside University, 2016

BA (Hons) Design and Advertising, University of Sunderland, 2012

British Sign Language, Level 1

Professional Bodies & Memberships:

Registered RNLD with The Nursing and Midwifery Council (NMC, PIN: 16G0376E)

Member of the Royal College of Nursing (RCN)

Registered Practitioner Member of British Association of Brain Injury Case Managers (BABICM)

Background information:

I started my career in health and social care 14 years ago, working as a support worker whilst completing my degree in Design and Advertising. I have always had a keen interest in art, design, branding and marketing, however as my studies progressed, I discovered I had a real passion for working with, and supporting people; this steered me into the health and social care sector, and I developed an interest in art therapy, and considering how this can benefit individuals with learning disabilities and neurological conditions.

I gained experience working in a range of settings including domiciliary care and supported living, and through these roles I gained valuable knowledge and understanding of learning disabilities, autism, elderly care, multiple sclerosis, epilepsy and mental health, amongst many other conditions. As my knowledge grew, so did my passion for working with adults with additional needs and upon completing my NVQ level 3 in health and social care, I went on to enrol on an undergraduate degree in Nursing Studies, on the learning disabilities pathway.

In 2016 I became a qualified Learning Disabilities Nurse (RNLD) and have gained experience in both the NHS and private sector working with both children and adults, experiencing things such as mental health difficulties, learning disabilities, autism, behaviours that challenge, eating disorders, offending behaviours and Dementia. I have extensive working knowledge of legislation including the Mental Health Act 1983, Mental Capacity Act 2005, and have experience of dealing with offending behaviours, the management of violence and aggression, positive behaviour support planning and risk management.

As well as having skills and knowledge in learning disabilities and mental health, I have a wide variety of skills in physical health and complex care including wound management, epilepsy, diabetes, COPD and respiratory care, percutaneous endoscopic gastrostomy (PEG) and nasogastric (NG) feeding, immediate life support and managing the deteriorating patient, sepsis and acute infection, and pain management.

Most recently I have worked as a nurse in a specialised neurorehabilitation service working with individuals who have had catastrophic and life changing injuries. Here I was able to further enhance my clinical skills and knowledge of brain and spinal injuries, neurological conditions such as Parkinson's disease, stroke, dementia, epilepsy, multiple sclerosis and the management of ventilated and tracheostomy patients.

Though I enjoyed practicing my clinical skills in this setting, I was drawn to the management of the client's rehabilitation as a whole, recognising that the nursing element of their care, whilst essential, was only one piece of the overall puzzle; I realised that there is a much wider network of interdisciplinary support that contributes to the recovery of individuals with brain and spinal injuries. This led me to consider roles which would allow me to have more involvement in the wider care and rehabilitation of such individuals, and I found that case management was an area in which I felt I could flourish, and further build on my experience and skills in the fields of independent multi-trauma and catastrophic injury rehabilitation.

I joined the BPJ Case Management team in 2023, bringing with me extensive experience in the assessment of needs, holistic person centred care planning, Deprivation of Liberty Safeguards, Best interests Decision Making and the delivery of high quality and bespoke care regimes. I have a good understanding of many of the challenges faced by acquired brain injury survivors and their families, and I pride myself on working in a manner that promotes independence and empowerment, ensuring that the client is always at the heart of their care.

I continuously strive to develop my knowledge and skills, by keeping up to date with the latest evidence-based practice and developments within the industry, so that I can continue to perform at the highest professional standard. I regularly attend training and conferences that relate to my area of practice and interests. I am a Registered Practitioner Member of British Association of Brain Injury Case Managers (BABICM), a Registered Nurse with The Nursing and Midwifery Council (NMC), and a member of the Royal College of Nursing (RCN). I have the ability to communicate using British Sign Language (Level 1) and, using my nursing skills and experience, I take a leading role in the risk assessment and management of medication for all BPJ clients, as the Medication Lead for the Company.

Laura Holland
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